



Lunch Menu

STARTER & SHARED PLATES

- SHRIMP TOSTONES** 15
Three Tostones, Seasoned flash-fried Shrimp, Guacamole, Spicy Aioli
-  **DEEP-FRIED CHICKEN WINGS**..... 16
Choose: Buffalo, Barbecue or garlic parm sauce
served with celery and carrot sticks
-  **POTATO SKINS** 13
Idaho potato, cheddar cheese blend, applewood smoked bacon, sour cream
-  **BUFFALO CHICKEN TENDERS**..... 15
twenty-four hour brined chicken breast, buffalo sauce, blue cheese dressing
- DAY BOAT SCALLOPS**..... 21
2 U-10 Scallops, couscous, snow peas, citrus sauce
-  **VEGETABLE QUESADILLA** 12
Add chicken 6 | shrimp 7
cheddar jack cheese blend, onions and peppers, pico de gallo, sour cream
-  **NACHO PLATTER** 14
Fried corn tortilla chips, southwest pulled chicken, cheese sauce, cheddar jack cheese blend, pickled jalapeno, olives, scallions, guacamole, pico de gallo, sour cream drizzle

SOUP & SALAD


ENHANCE YOUR SALAD

Chicken 7 | Shrimp 8 | Salmon 10 | Steak Tips 10
Chicken Salad 6 | Tuna Salad 6

- SOUP OF THE DAY**..... 5 / 8
housemade
- CLUB SOUP**..... 6 / 8
- MANHATTAN CLAM CHOWDER** 6 / 8
our version of classic regional favorite
-  **CAESAR SALAD** 6 / 12
romaine hearts, caesar dressing, crouton, parmesan crisp
-   **CAPRESE TOMATO SALAD**..... 7 / 15
heirloom tomatoes, fresh mozzarella, basil pesto, micro basil, balsamic glaze
-   **STRAWBERRY SALAD**..... 9 / 14
arugula, baby spinach, couscous, strawberries, feta, toasted almonds, raspberry vinaigrette
- MLCC GREEK SALAD** 7 / 13
romaine hearts, grape tomatoes, pickled red onion, pepperoncini, olives, feta cheese, grilled pita, creamy greek dressing
-  **CHOPPED ICEBERG SALAD**..... 6 / 13
iceberg, baby spinach, applewood bacon, tomato, pickled red onion, blue cheese crumbles, blue cheese dressing
- MLCC COBB SALAD**..... 7 / 13
romaine hearts, turkey, applewood bacon, tomato, cucumber, avocado, hardboiled egg, blue cheese crumble, honey mustard dressing

HEALTHY BOWLS & FLATBREADS

MAKE YOUR FLATBREAD GLUTEN FREE Cauliflower Crust | 2

- FIESTA LIME BOWL**..... 24
blackened chicken, chorizo rice, avocado, blend cheese, roasted corn and black bean salsa, chipotle aioli, tortilla strips
-  **VEGETARIAN EXPLOSION** 15
boursin cheese, roasted dunk's mushrooms, spinach, roasted tomatoes, mozzarella, truffle oil
- PEPPERONI AND HOT HONEY**..... 15
pepperoni, ancho honey drizzle, oregano, parmesan, mozzarella, san marzano tomato sauce

SIGNATURE SANDWICH

ALL SANDWICHES ARE SERVED WITH A SIDE French Fries | House Chips | Sweet Potato Fries Coleslaw | Fruit

GF white bread and buns available upon request

- CHICKEN SANDWICH** 15
fried/ grilled or blackened, pickles and secret sauce
- MLCC FISH SANDWICH**..... 17
grilled or blackened
lettuce, tomato, onion and remoulade
- TURKEY CLUB SANDWICH**..... 15
green leaf, tomato, mayo, american cheese, turkey, bacon -rye bread
- CLUB SPECIAL BURGER** 17
green leaf, tomato, onion, secret sauce, pickle wedge, brioche bun
- MLCC STEAK SANDWICH** 17
marinated steak tips, sauteed peppers and onions, vermont cheddar, BBQ sauce, hoagie roll
- QUARTER POUNDER HOTDOG** 12
chopped onion, relish, ketchup, mustard
- BLACKENED CHICKEN WRAP** 16
blackened chicken, shredded lettuce, tomato, bacon, avocado, spicy mayo
- TUNA SALAD SANDWICH / TUNA MELT**..... 15
tuna salad, lettuce, tomato, onion, toasted white bread
- CHICKEN SALAD SANDWICH** 14
lettuce, tomato, toasted wheat bread



– Vegetarian



– Gluten Free

**Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.*